

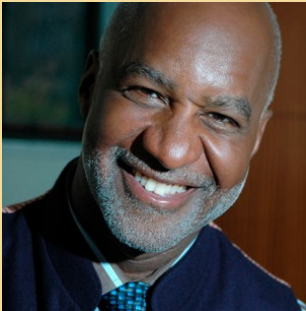
Attaining Hormonal Clarity

Michael Greer MD

January 25-26, 2014

Saturday 8:30am-5:30pm & Sunday 8:30am-12:30pm

Hilton Garden Inn San Diego Del Mar | 3939 Ocean Bluff Ave | San Diego, 92130



Dr Greer is an Integrative Health Provider relying on the best of conventional medicine and natural health principles. He holds an M.D. from the highly respected Hahnemann Medical University, practiced 20 years as one of Seattle's leading OB/GYNs, and over the last decade has developed an integrative medical practice incorporating naturopathic and homeopathic approaches.

In addition to the prescribing pharmaceutical medications, Dr. Greer recommends natural bio-identical hormones, herbs, vitamins, minerals and nutritional supplements to promote holistic wellness. He manages a wide range of medical conditions but his clinical emphasis is on adrenal fatigue, thyroid dysfunction and estrogen dominance as a lynchpin of wellness, especially for middle-aged patients.

Seminar Topics Include:

- ◆ Estrogen Dominance: Role in Cortisol, Weight Management and Hypothyroidism
- ◆ Thyroid Metabolism
- ◆ Diabetes: Overview and Treatment Options
- ◆ Nutrition & Herbal Strategies for Weight Management

Learning Objectives:

- ◇ Review the essential need for nutrients to manufacture and facilitate hormones
- ◇ Discuss importance of cortisol, estrogen and thyroid interaction and consequences of too much/too little
- ◇ Discuss adrenal health and factors associated with optimal wellness
- ◇ Review laboratory interpretation parameters that enhance wellness & counter premature aging
- ◇ How to enhance weight loss through a thoughtful approach to post-purification or detox regime
- ◇ Learn about testosterone and men's health essentials

Seminar Tuition:

	<u>By 1/10/14</u>	<u>After 1/10/14</u>
Healthcare Practitioner	\$99	\$149
Staff/Spouse	\$79	\$129
Student	\$39	\$39

Credit Card Registration Form

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