

Registration Information:

August 13 & 14, 2011

Saturday 8:30am - 5:30pm | Sunday 8:30am - 12:30pm

Lunch Included Saturday

Location: Westerville Conference Center

98 Commerce Park Dr. | Westerville, OH 43082

Accommodations:

Fairfield Inn Polaris

9000 Worthington Rd
Westerville, OH 43082
614-568-0770

Mention "Westerville Conference Center" for discount rates subject to availability

Cambria Suites Polaris

9100 Lyra Dr
Columbus, OH 43240
614-841-9100

Name(s): _____

Billing Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E-mail: _____

D.C.# _____

Cost For Seminar:

	By 6/24	After 6/24	At the Door
Healthcare Professionals	\$199	\$225	\$245
Staff / Spouse / Student	\$125	\$145	\$165

Lunch Included on Saturday

Make checks payable to: Nutrition Seminars

Credit Card: Visa MC Discover

Card No: _____

Exp. Date: _____ 3 Digit Sec. # _____

Signature: _____

Mail payment and this form to:

Nutrition Seminars 98 Commerce Park Dr.
Westerville, OH 43082 or fax to: (614) 891-5868

Cancellation policy: 15% of registration fee or a no-charge transfer to a future seminar

To register or for information call:
(888) 769-3859 or (614) 891-4226

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Texas Chiropractic College sponsors 12 hrs of
CEU's applied for DC's in OH, KY, IN & WV



Nutrition Seminars
98 Commerce Park Dr.
Westerville, OH 43082

Attaining Hormonal Clarity

with
Michael E. Greer, MD

**Westerville, OH
August 13 & 14, 2011**

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Dr. Greer will review in detail the actions and interplay of the principle hormones involved in health and wellness and guide participants in their regulation using herbs, supplements, vitamins and minerals with careful monitoring by laboratory testing and clinical examination.

Learning Objectives

- Review the essential need for nutrients to manufacture and facilitate hormones
- Review the hormone cascade and point out metabolic steps that ensure the smooth production of hormones
- Discuss the importance of cortisol, estrogen and thyroid interaction and the consequences of too much or too little of each
- Discuss adrenal health and factors associated with optimal wellness
- Review laboratory interpretation parameters that enhance wellness and counter premature aging
- Understand the process of detoxification and the nutrients essential for detox
- Explore cholesterol myths and facts for insight into the disease itself and interventions to reduce cholesterol
- Learn testosterone and men's health essentials
- Review thyroid disease with special emphasis on hypothyroidism diagnosis and treatment
- How to enhance weight loss through a thoughtful approach to the post-purification or detox regime



Topics:



- Detox Basics
- Estrogen Dominance: Role in Cortisol, Weight Management and Hypothyroidism
- Testing for Wellness
- Thyroid Metabolism
- Cholesterol: Myths, Facts and Herbal Treatments
- Diabetes: Overview and Treatment Options
- Nutrition & Herbal Strategies for Weight Management



Michael E. Greer, MD

Dr. Greer, is an Integrative Health Provider relying on the best of conventional medicine and natural health principles. He holds an M.D. from the highly respected Hahnemann Medical University, practiced 20 years as one of Seattle's leading OB/GYNs, and over the last decade has developed an integrative medical practice incorporating naturopathic and homeopathic approaches.

In addition to prescribing pharmaceutical medications, Dr. Greer recommends natural bio-identical hormones, herbs, vitamins, minerals and nutritional supplements to promote holistic wellness. He manages a wide range of medical conditions but his clinical emphasis is on adrenal fatigue, thyroid dysfunction and estrogen dominance as a lynchpin of wellness, especially for middle-aged patients.